



Behnood Abbasi

Assistant Professor

College: Medical Sciences and Technologies Faculty

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The correct format to write down my name in English is as below:

Behnood Abbasi

Research line:

Nutrition in Kidney Diseases

Nutrition in Endocrine Disorders

Nutrition in Neurological Disorders

Executive Activities

Faculty Member of Department of Nutrition	From 2015
Head of Electronic Health and Statistics Surveillance Research Center	From 2018
Vice Chancellor for Research of School of Medical Sciences and Technology	From 2019
Member of Iran National Committee for Ethics in Biomedical Research	From 2019
Head of Clinical Nutrition Lab	From 2018

Head of Educational Festivals and Education in Research Committee	From 2019
Member of Interview Committee for Ph.D. Entrance Exam	2019
Member of Editorial Board of Food and Health Journal	From 2015
Member of Editorial Board of Journal of Food Nutrition and Health	From 2018
Member of Editorial Board of Journal of Obesity and Body Weight	From 2019

Papers in Conferences

1. Behnood Abbasi ,□ Effects of magnesium supplementation on regulation of hypothalamic pituitary adrenal axis in insomniac elderly subject:A double-blind placebo-controlled clinical trial ,The 11th international congress of endocrine disorders ,2015.
2. Behnood Abbasi ,Effect of Consumption of Whey Protein on Cardiovascular Risk Factors ,The 11th international congress of endocrine disorders ,2018.
3. Behnood Abbasi ,The Effect of Fisetin on Colorectal Cancer : A Literature Review ,The Interational Congress on New Findings on Common Gastrointestinal Cancers ,GOUMS ,2019.
4. Behnood Abbasi ,Soy Milk Containing Lactobacillus plantarum A7 Improves Inflammatory Markers in Type 2 Diabetic Patients with Nephropathy. ,The 12th International Congress of Endocrine Disorders. ,2018.
5. Behnood Abbasi ,The Effect of L-Carnitine on Colorectal Cancer: A Review on Current Evidence ,Clinical Oncology Congress ,2018.
6. Behnood Abbasi ,The Effect of Sleep Quality and Sleep time on Nutrient Intake and Anthropometric Indices: A Systematic Review on Current Evidence ,The 3rd International Congress of Bariatric and Methabolic Surgery and the 6th Congress of Obesity Prevention and Treatment ,2017.
7. Behnood Abbasi ,Prevalence of overweight, obesity and height status in 2-5 years old children of Golestan province, Iran in 2015 ,The 3rd International Congress of Bariatric and Methabolic Surgery and the 6th Congress of Obesity Prevention and Treatment ,2017.
8. Behnood Abbasi ,The relation between food security and overweight and obesity in 2-5 years old children in Markazi province ,The 3rd International Congress of Bariatric and Methabolic Surgery and the 6th Congress of Obesity Prevention and Treatment ,2017.
9. Behnood Abbasi ,?Do parents correctly perceive body weight status of their offspring ,The 6th congress of obesity treatment and prevention. ,2016.
10. Behnood Abbasi ,□ Effects of probiotic soy milk on lipid panel in type 2 diabetic patients with nephropathy: A double-blind randomized clinical trial ,The 11th international congress of endocrine disorders ,2015.
11. Behnood Abbasi ,□ Effect of magnesium supplementation on calorie intake and weight loss of overweight or obese insomniac elderly subjects: a double-blind randomized clinical trial ,The 11th international congress of endocrine disorders ,2015.
12. Behnood Abbasi ,□ Magnesium supplementation improves mental health score in insomniac elderly subjects: A double blind randomized clinical controlled trial ,The 1st international and the 13th Iranian nutrition congress ,2014.
13. Behnood Abbasi ,□ Effect of Magnesium Supplementation on Physical Activity of Overweight or Obese elderly subjects ,The 3rd congress of obesity treatment and prevention ,2014.
14. Behnood Abbasi ,Magnesium supplementation positively affects some of type 2 diabetes mellitus risk factors in insomniac elderly subjects ,The 9th international congress of endocrine disorders ,2013.

15. Behnood Abbasi ,The Effect of Magnesium Supplementation on Primary Insomnia in Elderly: A Double-Blind Placebo-Controlled Clinical Trial ,The 1st international and the 13th Iranian nutrition congress ,2013.

Papers in Journals

1. Behnood Abbasi, Reza Ghiasvand, Maryam Mirlohi, Kidney function improvement by soy milk containing *Lactobacillus plantarum* A7 in type 2 diabetic patients with nephropathy: a double-blinded randomized controlled trial, Iranian journal of kidney diseases, 2017, Iranian journal of kidney diseases.
2. Sara Jalali, Behnood Abbasi*, Mahdis Daniali, Weight associated factors in relation to health-related quality of life (HRQoL) in Iranian adolescents, Health and Quality of Life Outcomes, Vol. 3, No. 17, 2019.
3. Behnood Abbasi, Maryam Mirlohi, Mahdis Daniali, Reza Ghiasvand, Effects of probiotic soy milk on lipid panel in type 2 diabetic patients with nephropathy: A double-blind randomized clinical trial, Progress in Nutrition, Vol. 20, pp. 70-78, 2018.
4. B Abbasi, M Kimiagar, K Sadeghnia, MM Shirazi, M Hedayati, The effect of magnesium supplementation on primary insomnia in elderly: A double-blind placebo-controlled clinical trial, Journal of Research in Medical Sciences, Vol. 17, No. 12, 2012.
5. Parisa Amiri, Kamyar Mohammadzadeh, Naziri, Behnood Abbasi, Leila Cheraghi, Sara Jalali, Farahani, Amir Abbas Momenan, Atieh Amouzegar, Farzad Hadaegh, Fereidoun Azizi, Smoking habits and incidence of cardiovascular diseases in men and women: findings of a 12 year follow up among an urban Eastern-Mediterranean population, BMC Public Health, 2019/7/8.
6. Arefe Khaksar Jalali, Ahmadreza Dorosty Motlagh, Zahra Abdollahi, Ariyo Movahedi, Mina Minaie, Behnood Abbasi*, A Report of Health Related Anthropometric Indices in 2-5 Years Old Children of Golestan Province of Iran in 2015, Clinical Nutrition Research, 2019.
7. Sara Farahani, Parisa Amiri, Behnood Abbasi, Mehrdad Karimi, Leila Cheraghi, Maryam Sadat Daneshpour, Fereidoun Azizi, Maternal characteristics and incidence of overweight/obesity in children: a 13-year follow-up study in an Eastern Mediterranean population, Maternal and child health journal, Vol. 21, No. 5, pp. 1211-1220, 2017.
8. Sara Jalali Farahani, Mahdis Daniali, Behnood Abbasi*, Factors associated with health-related quality of life (HRQOL) of adolescents residing in Isfahan, Quality of Life Research, Vol. 25, pp. 132, 2016.
9. Roghaye Razavi, Arefe Parvaresh, Behnood Abbasi, Sayyed Morteza Safavi, The alternate-day fasting diet is a more effective approach than a calorie restriction diet on weight loss and hs-CRP levels, International Journal for Vitamin and Nutrition Research, pp. 1-9, 2020 2 1.
10. Fatemeh Majzoubi, Fatemeh Radkhoy, Negar Norouzi, Shaghayegh Naziri Monfared, Behnood Abbasi*, Effect of low-FODMAP diet on gastrointestinal symptoms in patients with irritable bowel syndrome: A systematic review of randomized controlled trials, Food and Health, Vol. 2, No. 1, pp. 47-53, 2019.
11. Moloud Payab, Behnood Abbasi, Ahmad, & Reza Dorosty Motlagh, Mohammadreza Eshraghian, Reza Rostami, Fereydoun Siassi, Mehrnaz Ahmadi, Tina Karimi, Mohammad Yoosef Mahjouri, Soroush Seifirad, The association between depression, socio-economic factors and dietary intake in mothers having primary school children living in Rey, south of Tehran, Iran, Journal of Diabetes & Metabolic Disorders, Vol. 11, No. 26, 2012.
12. Elham Ghanbarzadeh, Behnood Abbasi, Ahmadreza Dorosty Motlagh, Study of Associations between the Diet Diversity and Degree of Anxiety in Iranian Adolescent Girls, 2017, Iranian Journal of Nutrition Sciences & Food Technology, شماره ۱۴، شماره صفحات ۱۹-۱۱/۲۰۲۰/۲۶.
13. Arefe Parvaresh et al., Modified alternate-day fasting vs. calorie restriction in the treatment of patients with metabolic syndrome: A randomized clinical trial, Complementary Therapies in Medicine, 2019.
14. Farnaz Shahdadian, Reza Ghiasvand, Behnood Abbasi, Awat Feizi, Parvane Saneei, Zahra Shahshahan, Association between Major Dietary Patterns and Polycystic Ovary Syndrome: evidence

from a case-control study, *Applied Physiology, Nutrition, and Metabolism*, 2018.

15. R Karimbeiki, M Pourmasoumi, A Feizi, B Abbasi, A Hadi, N Rafie, SM Safavi, Higher dietary diversity score is associated with obesity: a case-control study, *Public health*, Vol. 157, pp. 127-134, 2018.
16. Raheleh Kamalzadeh Yazdi, Ghazaleh Shakeri, Motahareh Hatami Marbini, Behnood Abbasi*, Effect of Selenium Supplementation on Glycemic Control and Lipid Profile in Patients with Type 2 Diabetes: A Review on Current Evidence, *Food and Health*, 2018.
17. Fatemeh Radkhoy, Samira Soltanieh, Shakiba Solgi, Maedeh Ansari, Behnood Abbasi*, The Effect of L-Carnitine on Colorectal Cancer: A Review on Current Evidences, *Food and Health*, Vol. 1, No. 3, 2018.
18. Behnood Abbasi; Mahdis Daniali; Hedieh Ramezani; Masumeh Derakhshande; Reza Ghasvand, The Effect of *Bunium persicum* on Gastrointestinal Symptoms and Inflammatory Mediators in Irritable Bowel Syndrome Patients, *Food and Health*, Vol. 1, No. 1, pp. 40-46, 2018.
19. Sanaz Mehrabani, Behnood Abbasi, Leila Darvishi, Mehdi Asemi Esfahani, Zahra Maghsoudi, Hossein Khosravi, & Boroujeni, Reza Ghasvand, Effects of Yogurt and Yogurt Plus Shallot Consumption on Lipid Profiles in Type 2 Diabetic Women., *International journal of preventive medicine*, 2017.
20. Javad Hosseinzadeh, Zahra Maghsoudi, Behnood Abbasi, Pooya Daneshvar, Atefeh Hojjati, Reza Ghasvand, Evaluation of Dietary Intakes, Body Composition, and Cardiometabolic Parameters in Adolescent Team Sports Elite Athletes: A Cross-sectional Study, *Advanced biomedical research*, Vol. 6, 2017.
21. Nooshin Vosoughi, Parviz Kashеfi, Behnood Abbasi, Awat Feizi, Gholamreza Askari, Leila Azadbakht, The relationship between Vitamin D, clinical outcomes and mortality rate in ICU patients: A prospective observational study, *Journal of research in medical sciences*, Vol. 21, 2016.
22. Razieh Karimbeiki, Morteza Safavi, Awat Feizi, Behnood Abbasi, Mojtaba Nikpour, The relationship between dietary diversity score and obesity in Tehranian adults: A case-control study, *Iranian Journal of Endocrinology and Metabolism*, pp. 260-269, 2016.
23. Paria Azimi, Reza Ghasvand, Behnood Abbasi, Awat Feizi, Mitra Hariri, Effects of Cinnamon, Cardamom, Saffron, and Ginger Consumption on Markers of Glycemic Control, Lipid Profile, Oxidative Stress, and Inflammation in Type 2 Diabetes Patients, *The review of diabetic studies*, Vol. 11, No. 3, pp. 258-266, 2015.
24. Behnood Abbasi, Masoud Kimiagar, Shahriar Shahidi, Minoо Mohammad Shirazi, Khosro Sadeghniaat, Moloud Payab, Mehdi Hedayati, Bahram Rashidkhani, Nastaran Karimi, Effect of Magnesium Supplementation on Mental Health in Elderly Subjects with Insomnia: A Double-blind Randomized Clinical Trial, *Iranian Journal of Psychiatry and Clinical Psychology*, Vol. 19, No. 1, pp. 9-19, 2013.
25. Behnood Abbasi, S Masood Kimiagar, Shahriar Shahidi, Minoо Mohammad, & Shirazi, Khosro Sadeghniaat, Hedayati Mehdi, Bahram Rashidkhani, Effect of Magnesium Supplementation on Indices of Psychological Disorders in Insomniac Elderly Subjects: A Double-Blind Randomized Clinical Trial, *Ardabil University of Medical Sciences*, 2013.
26. Behnood Abbasi, S Masood Kimiagar, Minoо Mohammad, & Shirazi, Khosro Sadeghniaat, Bahram Rashidkhani, Nastaran Karimi, Saeed Doaee, Effect of Magnesium Supplementation on Physical Activity of Overweight or Obese Insomniac Elderly Subjects: A Double-Blind Randomized Clinical Trial, *Journal of Research in Medical Sciences*, Vol. 15, 2013.
27. B Abbasi, M Kimiagar, M Shirazi, M Hedayati, Kh Sadeghniaat, P Taheri, Sh Shahidi, B Rashidkhani, Effect of magnesium supplementation on calorie intake and weight loss of overweight or obese insomniac elderly subjects: a double-blind randomized clinical trial, *Iranian Journal of Nutrition Sciences & Food Technology*, Vol. 7, 2012.

Books

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1. *Nutrition in Celiac Disease*
 2. *Nutrition and Behavior*